



**Lincroft Village
Dental Care**

9 Middletown-Lincroft Road
Lincroft, NJ 07738
732-842-5005

Bone Graft

DO NOT rinse or spit aggressively for 7 days.

DO NOT apply pressure with your tongue or fingers. The material is movable during the initial healing.

DO NOT lift or pull on lip to look at sutures (stitches).

You may expect to find small granules in your mouth for the first several days.

NOTIFY THE OFFICE IF:

A suture falls out within the first three days

If a bandage that has been placed should loosen within the first three days

If a large amount of granules are lost from the surgical site.

If your medication **DOES NOT** relieve your discomfort.

IMPORTANT

Please notify the office if you have any questions. Usually a single explanation can resolve the situation and free you of worry.