

## Homecare Instructions for Temporary Dentures

Following your surgery, your temporary dentures will be delivered to you with a soft liner on the inside. For the first few weeks, you will not be able to put much chewing force on the dentures and will be restricted to a soft diet.

You should not remove your temporary dentures during the first 24 hours following surgery; they will help stop the bleeding and act as a bandage, which helps control swelling..

After 24 hours, you will take out the dentures and follow hygiene instructions for the surgical site. Gently brush the **inside** and **outside** of your denture with a toothbrush or denture brush.

After every meal, you must remove the temporary dentures and clean both the surgical site and the denture.

**DO NOT** immerse the temporary dentures in any liquid, including water, denture cleaners, etc. After the first 72 hours, you may wish to keep the dentures out for periods of time. Store in denture container.

You will have sutures in place for the first 10 days after surgery, therefore the use of denture adhesive is only recommended if necessary, especially on the lower. If you **MUST** use adhesive on the upper, you may place a dime-sized amount in the middle of the palate. For the lower, place a thin line of adhesive on the back portion of the denture (see illustrations below). Be sure to keep the adhesive from getting into the sutures.

Once the swelling has subsided, you will notice the temporary dentures may become loose. A new soft liner can be added by your dentist at any time to improve the fit and comfort of the dentures as healing occurs.

The metal healing caps are screwed onto the top of the dental implants. They may loosen or detach from the implant. If this occurs, call the office during normal business hours to schedule a time to have them tightened/replaced. **Loss of a healing cap should not be cause to worry. The implant is unaffected.**

Upper 3mm healing cap



Lower 3mm healing cap with ball attachment

